



BCS Online Counseling

Live video counseling sessions on your computer or mobile device, from the comfort of your own home or wherever you have an internet connection.

CONVENIENCE: It may be difficult to find the time to visit a therapist during business hours, or you have family commitments which make it difficult. 'Online Counseling' is extremely convenient in terms of time & hassle.

PRIVACY: Enjoy all the same confidentiality you would with an in-person therapy session, along with the added privacy and comfort of being in your own home, and no social anxiety of a therapists waiting room.

EXPERIENCE: All BCS Online Counselors are licensed and fully qualified mental health professionals who have extensive experience, specializing in working with a diverse array of emotional and psychological issues.



Wherever you have an internet connection.

Contact Details:

T: 718 232 8600

E: appointments@bc snygroup.com

www.bcsnygroup.com

"Our mission is to improve the emotional health and well-being of the patients we serve".

Dr. Nicoletta Pallotta. CEO & Founder



Brooklyn Counseling Services:
Psychological & emotional support through all stages of life.

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BCS Group

Integrated Mental & Emotional well-being



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BCS Group is dedicated to helping people across New York State.

Brooklyn Counseling Services provides a variety of psychological counseling services for women. Our staff of social workers and psychiatrists are trained professionals who are licensed by New York State.

BCS staff members are experienced in working with a diverse range of emotional issues and provide individual therapy specifically geared towards women. Upon entering our program, our trained therapists will work with you to determine an appropriate treatment plan to help meet your unique emotional needs.

BCS provides psychiatric consultations for women who are currently in therapy at the center.

Therapy Services

- Individual psychotherapy
- Relationship issues
- Grief and loss
- Support during life transitions
- Couples/family counseling
- Sexual trauma
- Stress reduction and management
- Depression
- Controlling rage and anger
- Panic attacks
- Eating disorders and body imaging
- Anxiety
- Self esteem issues
- Post traumatic stress disorder (PTSD)
- Postpartum depression
- Midlife crisis

Insurance

We accept most insurance.

One of our staff members will contact your insurance carrier prior to your appointment to ensure you are covered for the service provided.

CALL: 718 232 8600

Empowering
Women, Families
& Communities

Work one-on-one with our fully trained Counselors, start meaningful change today.